




Lowestoft and Felixstowe to Ipswich


| Mondays to Fridays | | | | | R | | | | | R | | | ◇ | | | ◇ | | | | ◇ | | ◇ | | | | | | |
|--|---|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | | | 1 | | | | | 1 | | | 1 | | | 1 | | | | 1 | | 1 | | | | | | |
| Norwich | d | .. | .. | .. | 0545 | .. | .. | .. | .. | 0754 | .. | .. | 0957 | .. | .. | 1157 | .. | .. | 1357 | .. | .. | 1557 | .. | 1657 | .. | 1957 | .. | |
| Lowestoft | d | | 05.31 | | 06.44 | | | | | 08.58 | | | 10.58 | | | 12.58 | | | 14.58 | | | 16.58 | | 18.43 | | 20.58 | | |
| Oulton Broad South | d | .. | 05.38 | .. | 06.51 | .. | .. | .. | .. | 09.05 | .. | .. | 11.05 | .. | .. | 13.05 | .. | .. | 15.05 | .. | .. | 17.05 | .. | 18.50 | .. | 21.05 | .. | |
| Beccles | d | | 05.47 | | 07.00 | | | | | 09.14 | | | 11.14 | | | 13.14 | | | 15.14 | | | 17.14 | | 18.59 | | 21.14 | | |
| Brampton | d | .. | 05.55 | .. | 07.08 | .. | .. | .. | .. | 09.22 | .. | .. | 11.22 | .. | .. | 13.22 | .. | .. | 15.22 | .. | .. | 17.22 | .. | 19.07 | .. | 21.22 | .. | |
| Halesworth | d | | 06.03 | | 07.16 | | | | | 09.30 | | | 11.30 | | | 13.30 | | | 15.30 | | | 17.30 | | 19.15 | | 21.30 | | |
| Darsham | d | .. | 06.11 | .. | 07.24 | .. | .. | .. | .. | 09.38 | .. | .. | 11.38 | .. | .. | 13.38 | .. | .. | 15.38 | .. | .. | 17.38 | .. | 19.23 | .. | 21.38 | .. | |
| Saxmundham | d | | 06.19 | | 07.32 | | 08.21 | | | 09.46 | | | 11.46 | | | 13.46 | | | 15.46 | | | 17.46 | | 19.36 | | 21.46 | | |
| Wickham Market | d | .. | 06.28 | .. | 07.41 | .. | 08.30 | .. | .. | 09.55 | .. | .. | 11.55 | .. | .. | 13.55 | .. | .. | 15.55 | .. | .. | 17.55 | .. | 19.45 | .. | 21.55 | .. | |
| Melton | d | | 06.35 | | 07.48 | | 08.37 | | | 10.02 | | | 12.02 | | | 14.02 | | | 16.02 | | | 18.02 | | 19.52 | | 22.02 | | |
| Woodbridge | d | .. | 06.40 | .. | 07.53 | .. | 08.42 | .. | .. | 10.07 | .. | .. | 12.07 | .. | .. | 14.07 | .. | .. | 16.07 | .. | .. | 18.07 | .. | 19.57 | .. | 22.07 | .. | |
| Felixstowe | d | 05.34 | | 06.38 | | 07.50 | | 08.56 | 09.56 | | 10.56 | 11.56 | | 12.56 | 13.56 | | 14.56 | 15.56 | | 16.56 | 17.56 | | 18.56 | | 19.56 | 20.56 | | 22.56 |
| Trimley | d | 05.37 | .. | 06.41 | .. | 07.53 | .. | 08.59 | 09.59 | .. | 10.59 | 11.59 | .. | 12.59 | 13.59 | .. | 14.59 | 15.59 | .. | 16.59 | 17.59 | .. | 18.59 | .. | 19.59 | 20.59 | .. | 22.59 |
| Derby Road | d | 05.47 | | 06.51 | | 08.03 | | 09.09 | 10.09 | | 11.09 | 12.09 | | 13.09 | 14.09 | | 15.09 | 16.09 | | 17.09 | 18.09 | | 19.09 | | 20.09 | 21.09 | | 23.09 |
| Westerfield | d | 05.52 | 06.51 | 06.56 | 08.04 | 08.08 | 08.53 | 09.14 | 10.14 | 10.18 | 11.14 | 12.14 | 12.18 | 13.14 | 14.14 | 14.18 | 15.14 | 16.14 | 16.18 | 17.14 | 18.14 | 18.18 | 19.14 | 20.08 | 20.14 | 21.14 | 22.18 | 23.14 |
| Ipswich | a | 06.00 | 06.59 | 07.03 | 08.12 | 08.16 | 09.01 | 09.22 | 10.22 | 10.26 | 11.22 | 12.22 | 12.26 | 13.22 | 14.22 | 14.26 | 15.22 | 16.22 | 16.26 | 17.22 | 18.22 | 18.26 | 19.22 | 20.16 | 20.22 | 21.22 | 22.26 | 23.22 |
| Manningtree | d | 0632 | .. | 0717 | .. | 0832 | 0917 | 0951 | .. | 1051 | 1151 | .. | 1251 | 1351 | .. | 1451 | 1551 | .. | 1651 | 1751 | .. | 1851 | 1936 | 2051 | 2051 | 2136 | 2251 | 2347 |
| Colchester | d | 0643 | | 0728 | 0843 | 0843 | 0927 | 0948 | | 10.48 | 1148 | | 12.48 | 1348 | | 14.48 | 1601 | 1648 | 1701 | 1748 | | 18.48 | 1947 | 20.48 | 2101 | 2148 | 2301 | 2358 |
| Marks Tey | d | .. | .. | .. | .. | .. | .. | .. | .. | 1123 | .. | .. | 1323 | .. | .. | 1523 | .. | .. | 1659 | .. | 1755 | .. | 18.55 | 1954 | 2123 | .. | .. | .. |
| Witham | d | 0710 | | | | | 1002 | | | 11.02 | 1202 | | 13.02 | 1402 | | 15.02 | | 1707 | | 1803 | | 19.03 | 2002 | 21.02 | .. | 2202 | 2315 | |
| Chelmsford | d | 0719 | .. | .. | 0902 | 0946 | 1010 | .. | .. | 11.10 | 1210 | .. | 13.10 | 1410 | .. | 15.10 | .. | 1716 | .. | 1813 | .. | 19.12 | 2011 | 21.10 | 2146 | 2210 | 2324 | |
| Shenfield | d | 0732 | | | 0929 | | 1022 | | | 11s22 | 1222 | | 13s22 | 1422 | | 15s22 | 1629 | 1730 | 1730 | 1825 | | 19s24 | 2023 | 21s23 | 2129 | 2222 | 2336 | |
| London Liverpool St.  | a | 0737 | .. | 0823 | 0925 | 0940 | 1024 | 1046 | .. | 11.45 | 1245 | .. | 13.45 | 1445 | .. | 15.45 | 1654 | 1754 | 1754 | 1849 | .. | 19.47 | 2046 | 21.46 | 2154 | 2245 | 0003 | .. |


| Saturdays | | | | | R | | | | | R | | | ◇ | | | ◇ | | | | ◇ | | ◇ | | | | | | |
|----------------------|---|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------|
| | | | | | 1 | | | | | 1 | | | 1 | | | 1 | | | | 1 | | 1 | | | | | | |
| Norwich | d | .. | .. | .. | 0549 | .. | .. | .. | .. | 0754 | .. | .. | 0957 | .. | .. | 1157 | .. | .. | 1357 | .. | .. | 1557 | .. | .. | 1757 | .. | 1957 | .. |
| Lowestoft | d | | 05.58 | | 06.58 | | | | | 08.58 | | | 10.58 | | | 12.58 | | | 14.58 | | | 16.58 | | | 18.58 | | 20.58 | |
| Oulton Broad South | d | .. | 06.05 | .. | 07.05 | .. | .. | .. | .. | 09.05 | .. | .. | 11.05 | .. | .. | 13.05 | .. | .. | 15.05 | .. | .. | 17.05 | .. | .. | 19.05 | .. | 21.05 | .. |
| Beccles | d | | 06.14 | | 07.14 | | | | | 09.14 | | | 11.14 | | | 13.14 | | | 15.14 | | | 17.14 | | | 19.14 | | 21.14 | |
| Brampton | d | .. | 06.22 | .. | 07.22 | .. | .. | .. | .. | 09.22 | .. | .. | 11.22 | .. | .. | 13.22 | .. | .. | 15.22 | .. | .. | 17.22 | .. | .. | 19.22 | .. | 21.22 | .. |
| Halesworth | d | | 06.30 | | 07.30 | | | | | 09.30 | | | 11.30 | | | 13.30 | | | 15.30 | | | 17.30 | | | 19.30 | | 21.30 | |
| Darsham | d | .. | 06.38 | .. | 07.38 | .. | .. | .. | .. | 09.38 | .. | .. | 11.38 | .. | .. | 13.38 | .. | .. | 15.38 | .. | .. | 17.38 | .. | .. | 19.38 | .. | 21.38 | .. |
| Saxmundham | d | | 06.46 | | 07.46 | | | | | 09.46 | | | 11.46 | | | 13.46 | | | 15.46 | | | 17.46 | | | 19.46 | | 21.46 | |
| Wickham Market | d | .. | 06.55 | .. | 07.55 | .. | .. | .. | .. | 09.55 | .. | .. | 11.55 | .. | .. | 13.55 | .. | .. | 15.55 | .. | .. | 17.55 | .. | .. | 19.55 | .. | 21.55 | .. |
| Melton | d | | 07.02 | | 08.02 | | | | | 10.02 | | | 12.02 | | | 14.02 | | | 16.02 | | | 18.02 | | | 20.02 | | 22.02 | |
| Woodbridge | d | .. | 07.07 | .. | 08.07 | .. | .. | .. | .. | 10.07 | .. | .. | 12.07 | .. | .. | 14.07 | .. | .. | 16.07 | .. | .. | 18.07 | .. | .. | 20.07 | .. | 22.07 | .. |
| Felixstowe | d | 06.56 | | 07.56 | | 08.56 | 09.56 | | | 10.56 | 11.56 | | 12.56 | 13.56 | | 14.56 | 15.56 | | 16.56 | 17.56 | | 18.56 | 19.56 | | 20.56 | | 22.56 | |
| Trimley | d | 06.59 | .. | 07.59 | .. | 08.59 | 09.59 | .. | .. | 10.59 | 11.59 | .. | 12.59 | 13.59 | .. | 14.59 | 15.59 | .. | 16.59 | 17.59 | .. | 18.59 | 19.59 | .. | 20.59 | .. | 22.59 | |
| Derby Road | d | 07.09 | | 08.09 | | 09.09 | 10.09 | | | 11.09 | 12.09 | | 13.09 | 14.09 | | 15.09 | 16.09 | | 17.09 | 18.09 | | 19.09 | 20.09 | | 21.09 | | 23.09 | |
| Westerfield | d | 07.14 | 07.18 | 08.14 | 08.18 | 09.14 | 10.14 | 10.18 | 11.14 | 12.14 | 12.18 | 13.14 | 14.14 | 14.18 | 15.14 | 16.14 | 16.18 | 17.14 | 18.14 | 18.18 | 19.14 | 20.14 | 20.18 | 21.14 | 22.18 | 23.14 | | |
| Ipswich | a | 07.22 | 07.26 | 08.22 | 08.26 | 09.22 | 10.22 | 10.26 | 11.22 | 12.22 | 12.26 | 13.22 | 14.22 | 14.26 | 15.22 | 16.22 | 16.26 | 17.22 | 18.22 | 18.26 | 19.22 | 20.22 | 20.26 | 21.22 | 22.26 | 23.22 | | |
| Manningtree | d | .. | 0751 | .. | 0851 | 0951 | .. | 1051 | 1151 | .. | 1251 | 1351 | .. | 1451 | 1551 | .. | 1651 | 1751 | .. | 1851 | 1936 | .. | 2051 | 2137 | 2251 | 2344 | | |
| Colchester | d | | 07.48 | | 08.48 | 0948 | | 10.48 | 1148 | | 12.48 | 1348 | | 14.48 | 1548 | | 16.48 | 1748 | | 18.48 | 1948 | | 20.48 | 2148 | 2301 | 2356 | | |
| Marks Tey | d | .. | .. | .. | 0923 | .. | .. | .. | .. | 1123 | .. | .. | 1323 | .. | .. | 1523 | .. | .. | 1723 | .. | .. | 1923 | .. | .. | 2123 | .. | .. | |
| Witham | d | | 08.02 | | 0904 | | | | | 1202 | 1202 | | 13.02 | 1402 | | 15.02 | 1602 | | 17.02 | 1802 | | 19.02 | 2002 | | 21.02 | 2202 | 2315 | |
| Chelmsford | d | .. | 08.10 | .. | 09s06 | 1006 | .. | 11s06 | 1210 | .. | 13.10 | 1410 | .. | 15.10 | 1610 | .. | 17.10 | 1810 | .. | 19.10 | 2010 | .. | 21.10 | 2210 | 2324 | .. | | |
| Shenfield | d | | 08s22 | | 0929 | | | | | 1129 | 1222 | | 13s22 | 1422 | | 15s22 | 1622 | | 17s22 | 1822 | | 19s22 | 2022 | | 21s22 | 2222 | 2336 | |
| London Liverpool St. | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| Sundays | | 1 | | F | | 1 | | | | | 1 | | | 1 | | | | |
|--|---|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Norwich | d | 0725 | 0857 | .. | .. | 1057 | .. | .. | 1257 | .. | .. | 1457 | .. | .. | 1657 | .. | .. | 1857 |
| Lowestoft | d | 08.05 | 10.05 | | | 12.05 | | | 14.05 | | | 16.05 | | | 18.05 | | | 20.05 |
| Oulton Broad South | d | 08.12 | 10.12 | .. | .. | 12.12 | .. | .. | 14.12 | .. | .. | 16.12 | .. | .. | 18.12 | .. | .. | 20.12 |
| Beccles | d | 08.21 | 10.21 | | | 12.21 | | | 14.21 | | | 16.21 | | | 18.21 | | | 20.21 |
| Brampton | d | 08.29 | 10.29 | .. | .. | 12.29 | .. | .. | 14.29 | .. | .. | 16.29 | .. | .. | 18.29 | .. | .. | 20.29 |
| Halesworth | d | 08.37 | 10.37 | | | 12.37 | | | 14.37 | | | 16.37 | | | 18.37 | | | 20.37 |
| Darsham | d | 08.45 | 10.45 | .. | .. | 12.45 | .. | .. | 14.45 | .. | .. | 16.45 | .. | .. | 18.45 | .. | .. | 20.45 |
| Saxmundham | d | 08.53 | 10.53 | | | 12.53 | | | 14.53 | | | 16.53 | | | 18.53 | | | 20.53 |
| Wickham Market | d | 09.02 | 11.02 | .. | .. | 13.02 | .. | .. | 15.02 | .. | .. | 17.02 | .. | .. | 19.02 | .. | .. | 21.02 |
| Melton | d | 09.09 | 11.09 | | | 13.09 | | | 15.09 | | | 17.09 | | | 19.09 | | | 21.09 |
| Woodbridge | d | 09.14 | 11.14 | .. | .. | 13.14 | .. | .. | 15.14 | .. | .. | 17.14 | .. | .. | 19.14 | .. | .. | 21.14 |
| Felixstowe | d | | | 11.32 | 12.32 | | 13.32 | 14.32 | | 15.32 | 16.32 | | 17.32 | 18.32 | | 19.32 | 20.32 | |
| Trimley | d | .. | .. | 11.35 | 12.35 | .. | 13.35 | 14.35 | .. | 15.35 | 16.35 | .. | 17.35 | 18.35 | .. | 19.35 | 20.35 | .. |
| Derby Road | d | | | 11.45 | 12.45 | | 13.45 | 14.45 | | 15.45 | 16.45 | | 17.45 | 18.45 | | 19.45 | 20.45 | |
| Westerfield | d | 09.25 | 11.25 | 11.50 | 12.50 | 13.25 | 13.50 | 14.50 | 15.25 | 15.50 | 16.50 | 17.25 | 17.50 | 18.50 | 19.25 | 19.50 | 20.50 | 21.25 |
| Ipswich | a | 09.33 | 11.33 | 11.57 | 12.57 | 13.33 | 13.57 | 14.57 | 15.33 | 15.57 | 16.57 | 17.33 | 17.57 | 18.57 | 19.33 | 19.57 | 20.57 | 21.33 |
| Manningtree | d | 0951 | 1151 | 1218 | 1318 | 1351 | 1418 | 1518 | 1551 | 1618 | 1718 | 1751 | 1818 | 1918 | 1951 | 2018 | 2118 | 2151 |
| Colchester | d | 1001 | 1201 | 1229 | 1329 | 1401 | 1429 | 1529 | 1601 | 1629 | 1719 | 1801 | 1829 | 1929 | 2001 | 2029 | 2129 | 2201 |
| Marks Tey | d | 1036 | .. | 1236 | 1336 | .. | 1436 | 1536 | .. | 1636 | 1736 | .. | 1836 | 1936 | .. | 2036 | 2136 | .. |
| Witham | d | 1046 | | 1246 | 1346 | | 1446 | 1546 | | 1646 | 1746 | | 1846 | 1946 | | 2046 | 2146 | |
| Chelmsford | d | 1057 | .. | 1257 | 1357 | .. | 1457 | 1557 | .. | 1657 | 1757 | .. | 1857 | 1957 | .. | 2057 | 2157 | .. |
| Shenfield | d | 1029 | 1229 | 1310 | 1410 | 1429 | 1510 | 1629 | 1710 | 1810 | 1829 | 1910 | 2010 | 2029 | 2110 | 2210 | 2229 | .. |
| London Liverpool St.  | a | 1103 | 1301 | 1342 | 1442 | 1501 | 1542 | 1642 | 1701 | 1742 | 1828 | 1901 | 1942 | 2042 | 2101 | 2142 | 2242 | 2301 |


Ipswich to Lowestoft and Felixstowe

| Mondays to Fridays | | | | 1 | | | ◇ | | | ◇ | | | ◇ | | | R | | | | | | R | ◇ | | | | | | | |
|--|---|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|----|
| London Liverpool St.  | d | .. | .. | .. | 0600 | .. | 0700 | 07.38 | 0800 | 0900 | 09.38 | 1000 | 1100 | 11.38 | 1200 | 1300 | 13.38 | 1400 | 1500 | 15.38 | 1600 | 1700 | .. | 1730 | 1800 | 1900 | 19.32 | 21.00 | .. | |
| Shenfield | d | | | | 0623 | | 0723 | 08u02 | 0823 | 0923 | 10u02 | 1023 | 1123 | 12u02 | 1223 | 1323 | 14u02 | 1423 | 1523 | 16u02 | | 1654 | | | | | 19u55 | 21u23 | | |
| Chelmsford | d | .. | .. | .. | .. | .. | 0712 | 08.12 | .. | 0912 | 10.12 | .. | 1112 | 12.12 | .. | 1312 | 14.12 | .. | 1512 | 16u12 | 1630 | .. | .. | 1751 | .. | 1905 | 2000 | 2103 | .. | |
| Witham | d | | | | | | 0721 | 08.22 | | 0921 | 10.21 | | 1121 | 12.21 | | 1321 | 14.21 | | 1521 | 16.23 | | 1713 | | | | 1918 | 20.12 | | | |
| Marks Tey | d | .. | .. | .. | .. | .. | 0733 | 08.30 | .. | 0929 | 10.29 | .. | 1129 | 12.29 | .. | 1329 | 14.29 | .. | 1529 | 16.32 | .. | .. | .. | .. | .. | .. | .. | .. | .. | |
| Colchester | d | | 0535 | 0622 | 0650 | 0650 | 0750 | 08.38 | 0850 | 0950 | 10.38 | 1050 | 1150 | 12.38 | 1250 | 1350 | 14.38 | 1450 | 1550 | 16.41 | 1650 | 1726 | 1751 | 1811 | 1853 | 1953 | 20.26 | 21.50 | | |
| Manningtree | d | .. | 0544 | 0631 | 0659 | 0659 | 0759 | 0834 | 0859 | 0959 | 1034 | 1059 | 1159 | 1231 | 1259 | 1359 | 1431 | 1459 | 1559 | 1631 | 1659 | 1735 | 1759 | 1827 | 1902 | 2002 | 2030 | 21.58 | .. | |
| Ipswich | d | 05.04 | 06.04 | 06.47 | 07.13 | 07.32 | 08.27 | 09.02 | 09.27 | 10.27 | 11.02 | 11.27 | 12.27 | 13.02 | 13.27 | 14.27 | 15.02 | 15.27 | 16.27 | 17.02 | 17.27 | 18.13 | 18.27 | 18.55 | 19.27 | 20.27 | 20.52 | 22.15 | 22.27 | |
| Westerfield | d | 05.10 | 06.10 | 06.54 | 07.19 | 07.39 | 08.33 | 09.09 | 09.33 | 10.33 | 11.09 | 11.33 | 12.33 | 13.09 | 13.33 | 14.33 | 15.09 | 15.33 | 16.33 | 17.09 | 17.33 | 18.20 | 18.33 | 19.02 | 19.33 | 20.33 | 20.59 | 22.22 | 22.33 | |
| Derby Road | d | 05.15 | 06.15 | | 07.24 | | 08.38 | | 09.38 | 10.38 | | 11.38 | 12.38 | | 13.38 | 14.38 | | 15.38 | 16.38 | | 17.38 | | 18.38 | | 19.38 | 20.38 | | | 22.38 | |
| Trimley | d | 05.24 | 06.24 | .. | 07.33 | .. | 08.47 | .. | 09.47 | 10.47 | .. | 11.47 | 12.47 | .. | 13.47 | 14.47 | .. | 15.47 | 16.47 | .. | 17.47 | .. | 18.47 | .. | 19.47 | 20.47 | .. | .. | 22.47 | |
| Felixstowe | a | 05.30 | 06.30 | | 07.39 | | 08.53 | | 09.53 | 10.53 | | 11.53 | 12.53 | | 13.53 | 14.53 | | 15.53 | 16.53 | | 17.53 | | 18.53 | | 19.53 | 20.53 | | | 22.53 | |
| Woodbridge | d | .. | .. | 07.06 | .. | 07.55 | .. | 09.21 | .. | .. | 11.21 | .. | .. | 13.21 | .. | .. | 15.21 | .. | .. | 17.22 | .. | 18.32 | .. | 19.14 | .. | .. | 21.11 | 22.34 | .. | |
| Melton | d | | | 07.10 | | 07.59 | | 09.25 | | | 11.25 | | | 13.25 | | | 15.25 | | | 17.26 | | 18.36 | | 19.18 | | | 21.15 | 22.38 | | |
| Wickham Market | d | .. | .. | 07.16 | .. | 08.05 | .. | 09.31 | .. | .. | 11.31 | .. | .. | 13.31 | .. | .. | 15.31 | .. | .. | 17.32 | .. | 18.42 | .. | 19.24 | .. | .. | 21.21 | 22.44 | .. | |
| Saxmundham | d | | | 07.27 | | 08.17 | | 09.42 | | | 11.42 | | | 13.42 | | | 15.42 | | | 17.43 | | 18.53 | | 19.35 | | | 21.32 | 22.55 | | |
| Darsham | d | .. | .. | 07.33 | .. | .. | .. | 09.48 | .. | .. | 11.48 | .. | .. | 13.48 | .. | .. | 15.48 | .. | .. | 17.49 | .. | 18.59 | .. | 19.41 | .. | .. | 21.38 | 23.01 | .. | |
| Halesworth | d | | | 07.43 | | .. | .. | 09.58 | | | 11.58 | | | 13.58 | | | 15.58 | | | 17.59 | | 19.16 | | 19.51 | | | 21.48 | 23.11 | | |
| Brampton | d | .. | .. | 07.50 | .. | .. | .. | 10.05 | .. | .. | 12.05 | .. | .. | 14.05 | .. | .. | 16.05 | .. | .. | 18.06 | .. | 19.23 | .. | 19.58 | .. | .. | 21.55 | 23.18 | .. | |
| Beccles | d | | | 07.58 | | .. | .. | 10.13 | | | 12.13 | | | 14.13 | | | 16.13 | | | 18.14 | | 19.31 | | 20.06 | | | 22.03 | 23.26 | | |
| Oulton Broad South | d | .. | .. | 08.08 | .. | .. | .. | 10.23 | .. | .. | 12.23 | .. | .. | 14.23 | .. | .. | 16.23 | .. | .. | 18.24 | .. | 19.41 | .. | 20.16 | .. | .. | 22.13 | 23.36 | .. | |
| Lowestoft | a | | | 08.17 | | | | 10.32 | | | 12.32 | | | 14.32 | | | 16.32 | | | 18.33 | | 19.50 | | 20.25 | | | 22.22 | 23.45 | | |
| Norwich | a | .. | .. | 0925 | .. | .. | .. | 1125 | .. | .. | 1325 | .. | .. | 1525 | .. | .. | 1730 | .. | .. | 1930 | .. | .. | .. | .. | 2125 | .. | .. | 2328 | .. | .. |

| | | | 1 | | | ◇ | | | R | | | R | | | R | | | R | | | R | ◇ | | | | |
|---|---|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Saturdays | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | 1 | | | ◇ | | | R | | | R | | | R | | | R | | | R | ◇ | | | | |
| London Liverpool St.  | d | .. | .. | 0530 | 0700 | 07.38 | 0800 | 0900 | 09.38 | 1000 | 1100 | 11.38 | 1200 | 1300 | 13.38 | 1400 | 1500 | 15.38 | 1600 | 1700 | 17.46 | 1800 | 1900 | 19.38 | 21.00 | .. |
| Shenfield | d | | | 0556 | 0723 | 08u02 | 0823 | 0923 | 10u02 | 1023 | 1123 | 12u02 | 1223 | 1323 | 14u02 | 1423 | 1523 | 16u02 | 1623 | 1723 | 1723 | 1823 | 1923 | 20u02 | 21u23 | |
| Chelmsford | d | .. | .. | 0607 | 0712 | 08.12 | .. | 0912 | 10.12 | .. | 1112 | 12.12 | .. | 1312 | 14.12 | .. | 1512 | 16.12 | .. | 1712 | 18u16 | .. | 1916 | 20.12 | 2103 | .. |
| Witham | d | | | 0619 | 0721 | 08.21 | | 0921 | 10.21 | | 1121 | 12.21 | | 1321 | 14.21 | | 1521 | 16.21 | | 1721 | 1721 | | | 20.21 | 2112 | |
| Marks Tey | d | .. | .. | 0629 | 0729 | 08.29 | .. | 0929 | 10.29 | .. | 1129 | 12.29 | .. | 1329 | 14.29 | .. | 1529 | 16.29 | .. | 1729 | 1729 | .. | .. | 20.29 | 2121 | .. |
| Colchester | d | 0538 | | 0637 | 0750 | 08.38 | 0850 | 0950 | 10.38 | | 1150 | 12.38 | 1250 | 1350 | 14.38 | 1450 | 1550 | 16.38 | 1650 | 1750 | 18.40 | 1850 | 1950 | 20.38 | 21.50 | |
| Manningtree | d | 0546 | .. | 0645 | 0759 | 0831 | 0859 | 0959 | 1031 | 1059 | 1159 | 1231 | 1259 | 1359 | 1431 | 1459 | 1559 | 1631 | 1659 | 1759 | 1831 | 1859 | 1959 | 2032 | 21.58 | .. |
| Ipswich | d | 06.27 | 06.50 | 07.27 | 08.27 | 09.02 | 09.27 | 10.27 | 11.02 | 11.27 | 12.27 | 13.02 | 13.27 | 14.27 | 15.02 | 15.27 | 16.27 | 17.02 | 17.27 | 18.27 | 19.02 | 19.27 | 20.27 | 21.02 | 22.15 | 22.27 |
| Westerfield | d | 06.33 | 06.57 | 07.33 | 08.33 | 09.09 | 09.33 | 10.33 | 11.09 | 11.33 | 12.33 | 13.09 | 13.33 | 14.33 | 15.09 | 15.33 | 16.33 | 17.09 | 17.33 | 18.33 | 19.09 | 19.33 | 20.33 | 21.09 | 22.22 | 22.33 |
| Derby Road | d | 06.38 | | 07.38 | 08.38 | | 09.38 | 10.38 | | 11.38 | 12.38 | | 13.38 | 14.38 | | 15.38 | 16.38 | | 17.38 | 18.38 | | 19.38 | 20.38 | | | 22.38 |
| Trimley | d | 06.47 | .. | 07.47 | 08.47 | .. | 09.47 | 10.47 | .. | 11.47 | 12.47 | .. | 13.47 | 14.47 | .. | 15.47 | 16.47 | .. | 17.47 | 18.47 | .. | 19.47 | 20.47 | .. | .. | 22.47 |
| Felixstowe | a | 06.53 | | 07.53 | 08.53 | | 09.53 | 10.53 | | 11.53 | 12.53 | | 13.53 | 14.53 | | 15.53 | 16.53 | | 17.53 | 18.53 | | 19.53 | 20.53 | | | 22.53 |
| Woodbridge | d | .. | 07.09 | .. | .. | 09.21 | .. | .. | 11.21 | .. | .. | 13.21 | .. | .. | 15.21 | .. | .. | 17.21 | .. | .. | 19.21 | .. | .. | 21.21 | 22.34 | .. |
| Melton | d | | 07.13 | | | 09.25 | | | 11.25 | | | 13.25 | | | 15.25 | | | 17.25 | | | 19.25 | | | 21.25 | 22.38 | |
| Wickham Market | d | .. | 07.19 | .. | .. | 09.31 | .. | .. | 11.31 | .. | .. | 13.31 | .. | .. | 15.31 | .. | .. | 17.31 | .. | .. | 19.31 | .. | .. | 21.31 | 22.44 | .. |
| Saxmundham | d | | 07.30 | | | 09.42 | | | 11.42 | | | 13.42 | | | 15.42 | | | 17.42 | | | 19.42 | | | 21.42 | 22.55 | |
| Darsham | d | .. | 07.36 | .. | .. | 09.48 | .. | .. | 11.48 | .. | .. | 13.48 | .. | .. | 15.48 | .. | .. | 17.48 | .. | .. | 19.48 | .. | .. | 21.48 | 23.01 | .. |
| Halesworth | d | | 07.46 | | | 09.58 | | | 11.58 | | | 13.58 | | | 15.58 | | | 17.58 | | | 19.58 | | | 21.58 | 23.11 | |
| Brampton | d | .. | 07.53 | .. | .. | 10.05 | .. | .. | 12.05 | .. | .. | 14.05 | .. | .. | 16.05 | .. | .. | 18.05 | .. | .. | 20.05 | .. | .. | 22.05 | 23.18 | .. |
| Beccles | d | | 08.01 | | | 10.13 | | | 12.13 | | | 14.13 | | | 16.13 | | | 18.13 | | | 20.13 | | | 22.13 | 23.26 | |
| Oulton Broad South | d | .. | 08.11 | .. | .. | 10.23 | .. | .. | 12.23 | .. | .. | 14.23 | .. | .. | 16.23 | .. | .. | 18.23 | .. | .. | 20.23 | .. | .. | 22.23 | 23.36 | .. |
| Lowestoft | a | | 08.20 | | | 10.32 | | | 12.32 | | | 14.32 | | | 16.32 | | | 18.32 | | | 20.32 | | | 22.32 | 23.45 | |
| Norwich | a | .. | 0925 | .. | .. | 1125 | .. | .. | 1325 | .. | .. | 1525 | .. | .. | 1730 | .. | .. | 1930 | .. | .. | 2125 | .. | .. | 2328 | .. | .. |

| | | 1 | F | | | 1 | | | | | 1 | | | 1 | | | | | | | | | |
|--|---|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--|--|--|--|--|
| Sundays | | | | | | | | | | | | | | | | | | | | | | | |
| | | 1 | F | | | 1 | | | | | 1 | | | 1 | | | | | | | | | |
| London Liverpool St.  | d | 0830 | 0930 | 1030 | .. | 1130 | 1230 | .. | 1330 | 1430 | .. | 1530 | 1630 | 1630 | 1730 | 1830 | .. | 2030 | | | | | |
| Shenfield | d | 0857 | 0957 | 1057 | | 1157 | 1257 | | 1357 | 1457 | | 1557 | 1657 | 1657 | 1757 | 1857 | | 2057 | | | | | |
| Chelmsford | d | 0842 | 0942 | 1042 | .. | 1142 | 1242 | .. | 1342 | 1442 | .. | 1542 | 1642 | 1642 | 1742 | 1842 | .. | 2042 | | | | | |
| Witham | d | 0854 | 0954 | 1054 | | 1154 | 1254 | | 1354 | 1454 | | 1554 | 1654 | 1654 | 1754 | 1854 | | 2054 | | | | | |
| Marks Tey | d | 0904 | 1004 | 1104 | .. | 1204 | 1304 | .. | 1404 | 1504 | .. | 1604 | 1704 | 1704 | 1804 | 1904 | .. | 2104 | | | | | |
| Colchester | d | 0924 | 1024 | 1124 | | 1224 | 1324 | | 1424 | 1524 | | 1624 | 1724 | 1724 | 1824 | 1924 | | 2124 | | | | | |
| Manningtree | d | 0933 | 1033 | 1133 | .. | 1233 | 1333 | .. | 1433 | 1533 | .. | 1633 | 1733 | 1733 | 1833 | 1933 | .. | 2133 | | | | | |
| Ipswich | d | 09.50 | 11.02 | 11.50 | 12.02 | 13.02 | 13.50 | 14.02 | 15.02 | 15.50 | 16.02 | 17.02 | 17.50 | 18.02 | 19.02 | 19.50 | 20.02 | 21.50 | | | | | |
| Westerfield | d | 09.57 | 11.08 | 11.57 | 12.08 | 13.08 | 13.57 | 14.08 | 15.08 | 15.57 | 16.08 | 17.08 | 17.57 | 18.08 | 19.08 | 19.57 | 20.08 | 21.57 | | | | | |
| Derby Road | d | | 11.13 | | 12.13 | 13.13 | | 14.13 | 15.13 | | 16.13 | 17.13 | | 18.13 | 19.13 | | 20.13 | | | | | | |
| Trimley | d | .. | 11.22 | .. | 12.22 | 13.22 | .. | 14.22 | 15.22 | .. | 16.22 | 17.22 | .. | 18.22 | 19.22 | .. | 20.22 | .. | | | | | |
| Felixstowe | a | | 11.28 | | 12.28 | 13.28 | | 14.28 | 15.28 | | 16.28 | 17.28 | | 18.28 | 19.28 | | 20.28 | | | | | | |
| Woodbridge | d | 10.09 | .. | 12.09 | .. | .. | 14.09 | .. | .. | 16.09 | .. | .. | 18.09 | .. | .. | 20.09 | .. | 22.09 | | | | | |
| Melton | d | 10.13 | | 12.13 | | | 14.13 | | | 16.13 | | | 18.13 | | | 20.13 | | 22.13 | | | | | |
| Wickham Market | d | 10.19 | | 12.19 | | .. | 14.19 | | .. | 16.19 | | .. | 18.19 | | .. | 20.19 | | 22.19 | | | | | |
| Saxmundham | d | 10.30 | | 12.30 | | | 14.30 | | | 16.30 | | | 18.30 | | | 20.30 | | 22.30 | | | | | |
| Darsham | d | 10.36 | .. | 12.36 | .. | .. | 14.36 | .. | .. | 16.36 | .. | .. | 18.36 | .. | .. | 20.36 | .. | 22.36 | | | | | |
| Halesworth | d | 10.46 | | 12.46 | | | 14.46 | | | 16.46 | | | 18.46 | | | 20.46 | | 22.46 | | | | | |
| Brampton | d | 10.53 | .. | 12.53 | .. | .. | 14.53 | .. | .. | 16.53 | .. | .. | 18.53 | .. | .. | 20.53 | .. | 22.53 | | | | | |
| Beccles | d | 11.01 | | 13.01 | | | 15.01 | | | 17.01 | | | 19.01 | | | 21.01 | | 23.01 | | | | | |
| Oulton Broad South | d | 11.11 | | 13.11 | | .. | 15.11 | | .. | 17.11 | | .. | 19.11 | | .. | 21.11 | | 23.11 | | | | | |
| Lowestoft | a | 11.20 | | 13.20 | | | 15.20 | | | 17.20 | | | 19.20 | | | 21.20 | | 23.20 | | | | | |
| Norwich | a | 1233 | .. | 1433 | .. | .. | 1633 | .. | .. | 1833 | .. | .. | 2033 | .. | .. | 2233 | .. | 0003 | | | | | |

NOTES

- a Arrival time
- d Departure time
- s Stops to set down only
- R Seat reservations recommended
- ◇ Seat reservations available
-  Interchange with London Underground
- 1 First Class accommodation available
- F Until 7 September
- s Stops to set down only
- u Stops to pick up only

Times in *italics* are connecting train services