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**national** **express**

## East Anglia Train timetable



Norwich  
Salhouse  
Hoveton & Wroxham  
Worstead  
North Walsham  
Gunton  
Roughton Road  
Cromer  
West Runton  
Sheringham





Valid from 13 December 2009

# Norwich to Cromer and Sheringham



## Mondays to Saturdays

	SX	SO	SO	SX		SX	SO					
London Liverpool St.  d						06e00		07e30	08e30	09e30	10e30	11e30
<b>Norwich</b>  d	0520	0520	0545	0550	0715	0823	0823	0945	1045	1145	1245	1345
Salhouse.....d		0530	0555	0600	0725	0833	0833	0955		1155		1355
Hoveton & Wroxham.....d	0534	0535	0600	0605	0730	0838	0838	1000	1059	1200	1259	1400
Worstead.....d		0542	0607	0612	0737	0845	0845		1106		1306	
North Walsham.....d	0544	0548	0613	0621	0746	0853	0853	1013	1114	1213	1314	1413
Gunton.....d		0554	0619	0627	0752	0859	0859	1019		1219		1419
Roughton Road.....d		0601	0626	0634	0759	0906	0906		1125		1325	
<b>Cromer</b> .....d	0606	0610	0636	0646	0807	0915	0915	1033	1133	1233	1333	1433
West Runton.....d	0610	0614	0640	0650	0811	0919	0919	1037	1137	1237	1337	1437
<b>Sheringham</b> .....a	0615	0619	0645	0655	0815	0923	0923	1042	1142	1242	1342	1442

SO SX

	SO	SX										
London Liverpool St.  d	12e30	13e30	14e30	15e30	16e30	17e00	17e30	19e00	20e30			
<b>Norwich</b>  d	1445	1545	1645	1745	1847	1847	1945	2115	2245			
Salhouse.....d		1555	1655	1755			1955	2125	2255			
Hoveton & Wroxham.....d	1459	1600	1700	1800	1900	1900	2000	2130	2300			
Worstead.....d	1506	1607	1707	1807	1907	1907	2007	2137	2307			
North Walsham.....d	1514	1615	1715	1816	1915	1915	2016	2143	2313			
Gunton.....d		1621	1721	1822	1921	1921	2022	2149	2319			
Roughton Road.....d	1525	1628	1728	1829	1928	1928	2029	2156	2326			
<b>Cromer</b> .....d	1533	1636	1736	1837	1936	1936	2037	2204	2334			
West Runton.....d	1537	1640	1740	1841	1940	1940	2041	2208	2338			
<b>Sheringham</b> .....a	1542	1645	1745	1845	1945	1945	2045	2213	2343			

## Sundays

		08e30	10e30	12e30	14e30	16e30	18e30					
London Liverpool St.  d												
<b>Norwich</b>  d	0836	1036	1236	1436	1636	1836	2036					
Salhouse.....d	0846	1046	1246	1446	1646	1846	2046					
Hoveton & Wroxham.....d	0851	1051	1251	1451	1651	1851	2051					
Worstead.....d	0858	1058	1258	1458	1658	1858	2058					
North Walsham.....d	0904	1104	1304	1504	1704	1904	2104					
Gunton.....d	0910	1110	1310	1510	1710	1910	2110					
Roughton Road.....d	0917	1117	1317	1517	1717	1917	2117					
<b>Cromer</b> .....d	0926	1126	1326	1526	1726	1926	2126					
West Runton.....d	0930	1130	1330	1530	1730	1930	2139					
<b>Sheringham</b> .....a	0935	1135	1335	1535	1735	1935	2135					

### Engineering Work 2010

The following is a list of where major engineering work is planned within the duration of this timetable, which will affect services on routes and branches from Norwich and Ipswich.

**Saturday 12 to Sunday 13 December 2009**

Norwich to Sheringham

**Saturday 30 to Sunday 31 January 2010**

Halesworth to Oulton Broad South / Lowestoft

Cambridge to Ely

**Saturday 6 to Sunday 14 February 2010**

Halesworth to Oulton Broad South / Lowestoft

Cambridge to Ely

# Sheringham and Cromer to Norwich

## Mondays to Saturdays

	SX	SO	SX									
<b>Sheringham</b> ..... d	0622	0632	0717	0825	0946	1046	1146	1246	1346	1446	1546	
West Runton..... d	0626	0636	0721	0829	0950	1050	1150	1250	1350	1450	1550	
<b>Cromer</b> ..... d	0603	0633	0643	0728	0836	0957	1057	1157	1257	1357	1457	1557
Roughton Road..... d	0608	0638	0648	0733	0841	1002	1202	1402	1502	1602		
Gunton..... d	0615	0645	0655	0740	0848	1108	1308	1508	1609			
North Walsham..... d	0621	0651	0701	0746	0854	1013	1114	1213	1314	1413	1514	1615
Worstead..... d	0625	0655	0705	0750	0858	1017	1217	1417	1620			
Hoveton & Wroxham..... d	0633	0703	0713	0758	0906	1025	1124	1225	1324	1425	1524	1627
Salhouse..... d	0638	0708	0718	0803	0911	1129	1329	1529	1632			
<b>Norwich</b> ㉞..... a	0649	0719	0729	0814	0922	1041	1141	1241	1341	1441	1541	1644
London Liverpool St. ㉞ a	08e54	09e24	09e40	10e24	12e54	13e54	14e54	15e54	16e54	17e54	18e54	

### SX

<b>Sheringham</b> ..... d	1649	1748	1849	1948	2049	2216	2346					
West Runton..... d	1653	1752	1853	1952	2053	2220	2350					
<b>Cromer</b> ..... d	1700	1759	1900	1959	2100	2227	2357					
Roughton Road..... d		1804		2004	2105	2232						
Gunton..... d		1811		2011	2112	2239						
North Walsham..... d	1715	1817	1915	2017	2118	2245	0012					
Worstead..... d		1821		2021	2122	2249						
Hoveton & Wroxham..... d	1726	1829	1926	2029	2130	2257	0022					
Salhouse..... d		1834		2034	2135	2302						
<b>Norwich</b> ㉞..... a	1741	1845	1941	2045	2146	2313	0037					
London Liverpool St. ㉞ a	19e54	20e54	21e54	22e54	00e03							

## Sundays

<b>Sheringham</b> ..... d	0943	1143	1343	1543	1743	1943	2143					
West Runton..... d	0947	1147	1347	1547	1747	1947	2147					
<b>Cromer</b> ..... d	0954	1154	1354	1554	1754	1954	2154					
Roughton Road..... d	0959	1159	1359	1559	1759	1959	2159					
Gunton..... d	1006	1206	1406	1606	1806	2006	2206					
North Walsham..... d	1012	1212	1412	1612	1812	2012	2212					
Worstead..... d	1016	1216	1416	1616	1816	2016	2216					
Hoveton & Wroxham..... d	1024	1224	1424	1624	1824	2024	2224					
Salhouse..... d	1029	1229	1429	1629	1829	2029	2229					
<b>Norwich</b> ㉞..... a	1040	1240	1440	1640	1840	2040	2240					
London Liverpool St. ㉞ a	13e01	15e01	17e01	19e01	21e01	23e01						

**Saturday 13 to Sunday 21 February 2010**

Norwich to Lowestoft  
Norwich to Great Yarmouth  
Norwich to Thetford

**Saturday 27 to Sunday 28 February 2010**

Norwich to Brandon

**Saturday 13 to Sunday 14 March 2010**

Norwich to Lowestoft  
Norwich to Great Yarmouth  
Cambridge to Ely

**Saturday 27 to Sunday 28 March 2010**

Bury St Edmunds to Cambridge

In addition to these dates, engineering work will take place on other Sundays throughout the validity of this timetable, for details of further timetable updates and alternative travel arrangements visit us online at [nationalexpress.com](http://nationalexpress.com)

# National Express East Anglia Useful Contacts



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**textphone service 0845 606 7245**



**lost property 0845 600 7245\***

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*e-mail: [nxea.lostproperty@nationalexpress.com](mailto:nxea.lostproperty@nationalexpress.com)*



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All information will be treated in the strictest confidence.



## National Rail Enquiries



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*[www.nationalrail.co.uk](http://www.nationalrail.co.uk)*



**Contact Centre:**

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*All calls are charged at local rate and may be recorded.*



**Train Tracker™:**

**0871 200 49 50**

*For up-to-the-minute journey planning, with fare and ticket availability for today and beyond. Calls cost 10p a minute from a BT fixed phone. Charges from other operators may vary.*



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**8 49 50**

*For live departures and arrival times direct to your mobile.*

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**Textphone:**

**0845 60 50 600**

### timetable key

a	Arrival time	Times in <i>italics</i> are connecting train services with one
	PlusBus operates from this station	change of train; other connections may be available
d	Departure time	with further changes.
e	Change at Norwich	
	Interchange with London Underground	The timetables are striped to help you read them.
SO	Saturdays Only	
SX	Mondays to Fridays Only	There is no meaning to the stripes.



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