

London Liverpool Street and Ipswich to Norwich

Mondays to Fridays

	0600	0625	0700	0730	0800	0830	0900	0930	1000	1030	1100
London Liverpool St.	d										
Stratford DLR	d	05n32	06u33	06n55	07u38	07n25	08u38	08n25	09u38	09n25	10u38
Shenfield	d	06u23	06g28	07u23	07g34	08u23	08g32	09u23	09g34	10u23	10g34
Chelmsford	d		0657	0712	0804	0812	0902	0912	1002	1012	1102
Witham	d		0707								
Colchester	a	0648	0720	0749	0823	0849	0923	0949	1021	1049	1121
Colchester	d	0622	0650	0722	0750	0824	0850	0924	0950	1024	1050
Manningtree	d	0631	0659	0732	0759	0834	0859	0934	0959	1034	1059
Ipswich	a	0641	0708	0741	0808	0843	0908	0943	1008	1043	1108
Ipswich	d	0642	0709	0742	0809	0844	0909	0944	1009	1044	1109
Stowmarket	a	0652	0719	0752	0819	0854	0954	1054		1152	
Diss	a	0704	0731	0804	0831	0906	0929	1006	1029	1106	1129
Norwich	a	0727	0754	0827	0854	0927	0952	1027	1052	1127	1252

	1130	1200	1230	1300	1330	1400	1430	1500	1530	1600	1630	1700
London Liverpool St.	d											
Stratford DLR	d	11u38	11n25	12u38	12n25	13u38	13n25	14u38	14n25	15g25	15g15	1610
Shenfield	d	11g34	12u23	12g34	13u23	13g34	14u23	14g34	15u23	15g02	16102	1555
Chelmsford	d	1202	1212	1302	1312	1402	1412	1502	1559	1631	1645	
Witham	d											
Colchester	a	1221	1249	1321	1349	1421	1449	1521	1549	1621	1649	1717
Colchester	d	1222	1250	1322	1350	1422	1450	1522	1550	1622	1650	1718
Manningtree	d	1231	1259	1331	1359	1431	1459	1531	1559	1631	1659	
Ipswich	a	1241	1308	1341	1408	1441	1508	1541	1608	1641	1708	1733
Ipswich	d	1242	1309	1342	1409	1442	1509	1542	1609	1642	1709	1734
Stowmarket	a	1252		1352		1452		1552		1652	1719	1744
Diss	a	1304	1329	1404	1429	1504	1529	1604	1629	1704	1731	1756
Norwich	a	1327	1352	1427	1452	1527	1552	1627	1652	1727	1755	1820

	1730	1750	1800	1820	1830	1900	1930	2000	2030	2130	2230	2330
London Liverpool St.	d											
Stratford DLR	d		1746	1750	1816	1810	1846	19g25	1945	20u38	21u38	22u38
Shenfield	d	17k24	1754			1844	19g11	1955	20g42	21g42	22g42	2312
Chelmsford	d	17k51				1905	2000	1939	2103	2203	2303	0003
Witham	d											
Colchester	a		1842	1851	1911	1922	1951	2020	2049	2122	2222	2322
Colchester	d		1843	1853	1912	1923	1953	2021	2050	2123	2223	2323
Manningtree	d	1827	1852	1902	1921		2002	2030	2059	2132	2232	2332
Ipswich	a	1836	1901	1911	1930	1939	2011	2040	2108	2142	2242	2342
Ipswich	d	1837	1903	1912	1932	1940	2012	2041	2109	2143	2243	2343
Stowmarket	a	1847		1922		1950	2022	2051	2119	2153	2253	2353
Diss	a	1859		1934		2002	2034	2103	2131	2205	2306	0108
Norwich	a	1923	1944	1958	2014	2026	2057	2126	2154	2228	2329	0045

Saturdays

	05e30	0630	0700	0730	0800	0830	0900	0930	1000	1030	1100	1130
London Liverpool St.	d											
Stratford DLR	d		06u38	06n25	07u38	07n25	08u38	08n25	09u38	09n25	10u38	10n25
Shenfield	d		06g26	07u23	07g34	08u23	08g34	09u23	09g34	10u23	10g34	11u23
Chelmsford	d		0702	0712	0802	0812	0902	0912	1002	1012	1102	1202
Witham	d											
Colchester	a		0721	0749	0821	0849	0921	0949	1021	1049	1121	1149
Colchester	d		0722	0750	0822	0850	0922	0950	1022	1050	1122	1150
Manningtree	d		0731	0759	0831	0859	0931	0959	1031	1059	1131	1159
Ipswich	a		0741	0808	0841	0908	0941	1008	1041	1108	1141	1208
Ipswich	d		0709	0742	0809	0842	0909	0942	1009	1042	1109	1142
Stowmarket	a		0719	0752		0852		0952		1052		1152
Diss	a		0731	0804	0829	0904	0929	1004	1029	1104	1129	1204
Norwich	a		0752	0827	0852	0927	0952	1027	1052	1127	1152	1227

For reference to notes, see overleaf

London Liverpool Street and Ipswich to Norwich

Saturdays (continued)

	1200	1230	1300	1330	1400	1430	1500	1530	1600	1630	1700	1730
London Liverpool St.	d											
Stratford DLR	d	11n25	12u38	12n25	13u38	13n25	14u38	14n25	15u38	15n25	16u38	16n25
Shenfield	d	12u23	12g34	13u23	13g34	14u23	14g34	15u23	15g34	16u23	16g34	17u23
Chelmsford	d	1212	1302	1312	1402	1412	1502	1512	1602	1612	1702	1712
Witham	d											
Colchester	a	1249	1321	1349	1421	1449	1521	1549	1621	1649	1721	1749
Colchester	d	1250	1322	1350	1422	1450	1522	1550	1622	1650	1722	1750
Manningtree	d	1259	1331	1359	1431	1459	1531	1559	1631	1659	1731	1759
Ipswich	a	1308	1341	1408	1441	1508	1541	1608	1641	1708	1741	1808
Ipswich	d	1309	1342	1409	1442	1509	1542	1609	1642	1709	1742	1809
Stowmarket	a		1352		1452		1552		1652	1719	1752	1852
Diss	a	1329	1404	1429	1504	1529	1604	1629	1704	1731	1804	1829
Norwich	a	1352	1427	1452	1527	1552	1627	1652	1727	1752	1827	1852

	1800	1830	1900	1930	2000	2030	2130	2230	2330
London Liverpool St.	d								
Stratford DLR	d	17n25	18u38	18n25	19u38	19n25	20u38	21g25	22g25
Shenfield	d	18u23	18g34	19u23	19g34	20u23	20g42	21g34	22g28
Chelmsford	d	1816	1902	1916	2003	2012	2103	2204	2304
Witham	d								
Colchester	a	1849	1921	1949	2022	2049	2122	2225	2325
Colchester	d	1850	1922	1950	2023	2050	2123	2226	2326
Manningtree	d	1859	1931	1959	2032	2059	2132	2235	2335
Ipswich	a	1908	1941	2008	2042	2108	2142	2245	2345
Ipswich	d	1909	1942	2009	2043	2109	2143	2246	2346
Stowmarket	a		1952		2053		2153	2256	2356
Diss	a	1929	2004	2029	2105	2129	2205	2309	0009
Norwich	a	1952	2027	2052	2128	2152	2228	2332	0032

Sundays

	0830	0930	1030	1130	1230	1330	1430	1530	1630	1730	1830	1900
London Liverpool St.	d											
Stratford DLR	d	08n09	09n09	10n09	11n09	12n09	13n09	14n09	15n09	16n09	17n09	18n09
Shenfield	d	08u57	09u57	10u57	11u57	12u57	13u57	14u57	15u57	16u57	17u57	18u57
Chelmsford	d		0910	1010	1110	1210	1310	1410	1510	1610	1710	1810
Witham	d											
Colchester	a	0923	1023	1123	1223	1323	1423	1523	1623	1723	1823	1923
Colchester	d	0924	1024	1124	1224	1324	1424	1524	1624	1724	1824	1924
Manningtree	d	0933	1033	1133	1233	1333	1433	1533	1633	1733	1833	1933
Ipswich	a	0942	1042	1142	1242	1342	1442	1542	1642	1742	1842	1942
Ipswich	d	0944	1044	1144	1244	1344	1444	1544	1644	1744	1844	1944

Norwich to Ipswich and London Liverpool Street

Mondays to Fridays

	Norwich	Diss	Stowmarket	Ipswich	Manningtree	Colchester	Witham	Chelmsford	Shenfield	Stratford	London Liverpool St.
Norwich	0510	0540	0610	0625	0640	0655	0710	0730	0740	0800	0830
Diss	0528	0558	0628	0643	0658	0713	0728	0758	0817	0847	0917
Stowmarket	0540	0610	0640	0655	0710	0725	0740	0810	0829	0929	
Ipswich	0551	0621	0651	0706	0721	0736	0751	0807	0822	0840	0907
Manningtree	0553	0623	0653	0708	0723	0738	0753	0818	0823	0842	0908
Colchester	0603	0633	0703	0718	0733	0748	0803	0833	0852	0918	0952
Witham	0613	0643	0713	0728	0743	0758	0813	0843	0901	0927	1001
Chelmsford	0615	0645	0715	0730	0745	0800	0815	0845	0903	0929	1003
Shenfield	0627										
Stratford	06h41	0714	0756	08h09	0813	0829	0844	0902	0942	0946	1039
London Liverpool St.	07h06	0732				0925		1009	0929	1022	10s29
London Liverpool St.	06s59	07s26	08h09			08s59		09s28	10s32	10s11	
London Liverpool St.	0710	0737	0809	0823	0839	0855	0910	0925	0940	0956	1024

	Norwich	Diss	Stowmarket	Ipswich	Manningtree	Colchester	Witham	Chelmsford	Shenfield	Stratford	London Liverpool St.
Norwich	0930	1000	1030	1100	1130	1200	1230	1300	1330	1400	1430
Diss	0947	1017	1047	1117	1147	1217	1247	1317	1347	1417	1447
Stowmarket	1029	1029	1129	1129	1229	1329	1429	1529			
Ipswich	1007	1040	1107	1140	1207	1240	1307	1340	1407	1440	1507
Manningtree	1008	1042	1108	1142	1208	1242	1308	1342	1408	1442	1508
Colchester	1018	1052	1118	1152	1218	1252	1318	1352	1418	1452	1518
Witham	1027	1101	1127	1201	1227	1301	1327	1401	1427	1501	1527
Chelmsford	1029	1103	1129	1203	1229	1303	1329	1403	1429	1503	1529
Shenfield	1045	1139	1145	1239	1245	1339	1345	1439	1445	1539	1545
Stratford	11h09	11s29	12h09	12s29	13h09	13s29	14h09	14s29	15h09	15s29	16g11
London Liverpool St.	11s10	12s10	13s10	14s10	15s10	16h39	16s10				
London Liverpool St.	1124	1154	1224	1254	1324	1354	1424	1454	1524	1554	1624

	Norwich	Diss	Stowmarket	Ipswich	Manningtree	Colchester	Witham	Chelmsford	Shenfield	Stratford	London Liverpool St.
Norwich	1530	1600	1630	1700	1730	1800	1830	1900	2000	2100	2200
Diss	1547	1618	1648	1718	1748	1817	1847	1917	2017	2117	2217
Stowmarket	1630	1630	1730	1800	1829	1929	2029	2129	2229	2334	
Ipswich	1607	1641	1707	1741	1811	1840	1907	1940	2040	2140	2240
Manningtree	1608	1642	1708	1742	1811	1842	1908	1942	2042	2142	2242
Colchester	1618	1652	1718	1752	1821	1852	1918	1952	2052	2152	2252
Witham	1627	1701	1727	1801	1830	1901	1927	2001	2101	2201	2301
Chelmsford	1629	1703	1729	1803	1832	1903	1929	2003	2103	2203	2303
Shenfield	1645	1739	1745	1839	1848	1939	1945	2039	2139	2239	2324
Stratford	1711	17s30	18h11	18s29	19h09	19s29	20h09	20s29	21s29	22s29	23s36
London Liverpool St.	17s10	18s12	19s15	20s10	21e10	22k12	23s25	23s52			
London Liverpool St.	1724	1754	1824	1854	1927	1954	2024	2054	2154	2254	0003

Saturdays

	Norwich	Diss	Stowmarket	Ipswich	Manningtree	Colchester	Witham	Chelmsford	Shenfield	Stratford	London Liverpool St.
Norwich	0500	0530	0600	0630	0700	0730	0800	0830	0900	0930	1000
Diss	0517	0547	0617	0647	0717	0747	0817	0847	0917	0947	1017
Stowmarket	0529	0629	0629	0729	0729	0829	0929	1029			
Ipswich	0540	0607	0640	0707	0740	0807	0840	0907	0940	1007	1040
Manningtree	0542	0608	0642	0708	0742	0808	0842	0908	0942	1008	1042
Colchester	0552	0618	0652	0718	0752	0818	0852	0918	0952	1018	1052
Witham	0601	0627	0701	0727	0801	0827	0901	0927	1001	1027	1101
Chelmsford	0603	0629	0703	0729	0803	0829	0903	0929	1003	1029	1103
Shenfield	0633	0645	0739	0745	0839	0845	0939	0945	1039	1045	1139
Stratford	06s29	07h09	07s29	08h09	08s29	09h09	09s29	10h09	10s29	11h09	11s29
London Liverpool St.	07h07	07s10	08h30	08s10	09s10	10s10	11s10	12s10			
London Liverpool St.	0654	0724	0754	0824	0854	0924	0954	1024	1054	1124	1154

Engineering Work 2009

The following is a list of where major engineering work is planned within the duration of this timetable, which will affect services on routes from London Liverpool Street to
 Shenfield / Southend Victoria / Southminster / Braintree / Sudbury / Clacton-on-Sea / Walton-on-the-Naze / Ipswich / Norwich
Saturday 16 and Sunday 17 May Colchester Town to Clacton-on-Sea / Walton-on-the-Naze
Saturday 23 to Monday 25 May Liverpool Street to Wford
Saturday 30 and Sunday 31 May Witham to Manningtree
Saturday 22 and Sunday 23 August Wickford to Southminster
Saturday 29 to Monday 31 August Liverpool Street to Ingatstone / Wickford
Sunday 13 September Liverpool Street to Shenfield
Sunday 20 September Liverpool Street to Shenfield
Sunday 27 September Liverpool Street to Shenfield
Sunday 3 October Liverpool Street to Shenfield
Sunday 1 November Liverpool Street to Ingatstone / Wickford

Norwich to Ipswich and London Liverpool Street

(continued)

	Norwich	Diss	Stowmarket	Ipswich	Manningtree	Colchester	Witham	Chelmsford	Shenfield	Stratford	London Liverpool St.
Norwich	1100	1130	1200	1230	1300	1330	1400	1430	1500	1530	1600
Diss	1117	1147	1217	1247	1317	1347	1417	1447	1517	1547	1617
Stowmarket	1129	1129	1229	1329	1429	1529	1629				
Ipswich	1140	1207	1240	1307	1340	1407	1440	1507	1540	1607	1640
Manningtree	1142	1208	1242	1308	1342	1408	1442	1508	1542	1608	1642
Colchester	1152	1218	1252	1318	1352	1418	1452	1518	1552	1618	1652
Witham	1201	1227	1301	1327	1401	1427	1501	1527	1601	1627	1701
Chelmsford	1203	1229	1303	1329	1403	1429	1503	1529	1603	1629	1703
Shenfield	1239	1245	1339	1345	1439	1445	1539	1545	1639	1645	1739
Stratford	12s29	13h09	13s29	14h09	14s29	15h09	15s29	16h09	16s29	17h09	17s29
London Liverpool St.	13s10	14s10	15s10	16s10	17s10	18s10					
London Liverpool St.	1254	1324	1354	1424	1454	1524	1554	1624	1654	1724	1754

	Norwich	Diss	Stowmarket	Ipswich	Manningtree	Colchester	Witham	Chelmsford	Shenfield	Stratford	London Liverpool St.
Norwich	1700	1730	1800	1830	1900	2000	2100	2200	2305		
Diss	1717	1747	1817	1847	1917	2017	2117	2217	2322		
Stowmarket	1729	1729	1829	1929	2029	2129	2229	2334			
Ipswich	1740	1810	1840	1907	1940	2040	2140	2240	2350		
Manningtree	1742	1811	1842	1908	1942	2042	2142	2242			
Colchester	1752	1821	1852	1918	1952	2052	2152	2252			
Witham	1801	1830	1901	1927	2001	2101	2201	2301			
Chelmsford	1803	1832	1903	1929	2003	2103	2203	2303			
Shenfield	1839	1848	1939	1945	2039	2139	2239	2324			
Stratford	18s29	19h12	19s29	20h09	20s29	21s29	22s29	23s36			
London Liverpool St.	19s15	20s10	21e10	22k12	23s25	23s52					
London Liverpool St.	1854	1926	1954	2024	2054	2158	2258	0007			

Sundays

	Norwich	Diss	Stowmarket	Ipswich	Manningtree	Colchester	Witham	Chelmsford	Shenfield	Stratford	London Liverpool St.
Norwich	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700
Diss	0717	0817	0917	1017	1117	1217	1317	1417	1517	1617	1717
Stowmarket	0729	0829	0929	1029	1129	1229	1329	1429	1529	1629	1729
Ipswich	0740	0840	0940	1040	1140	1240	1340	1440	1540	1640	1740
Manningtree	0742	0842	0942	1042	1142	1242	1342	1442	1542	1642	1742
Colchester	0752	0852	0952	1052	1152	1252	1352	1452	1552	1652	1752
Witham	0801	0901	1001	1101	1201	1301	1401	1501	1601	1701	1801
Chelmsford	0803	0903	1003	1103	1203	1303	1403	1503	1603	1703	1803
Shenfield	0829	0929	1029	1129	1229	1329	1429	1529	1629	1729	1829
Stratford	08s29	09s29	10s29	11s29	12s29	13s29	14s29	15s29	16s29	17s29	18s29
London Liverpool St.	09h34	10h34	11h34	12h34	13h34	14h34	15h34	16h34	17h34	18h34	19h34
London Liverpool St.	0903	1001	1103	1201	1301	1401	1501	1601	1701	1801	1828

	Norwich	Diss	Stowmarket	Ipswich	Manningtree	Colchester	Witham	Chelmsford	Shenfield	Stratford	London Liverpool St.
Norwich	1800	1900	2000	2100	2200	2305					