

# National Express East Anglia Useful Contacts

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- For all enquiries about National Express including season tickets, information and bank holiday services:**  
**National Express Customer Contact Centre 08712 222299\***  
e-mail: [nxea.customerrelations@nationalexpress.com](mailto:nxea.customerrelations@nationalexpress.com)  
*\*Calls cost 10p a minute from a BT fixed phone. Charges from other operators may vary.*
- For general accessibility enquiries or for assistance requests:**  
**National Express disabled persons helpline 0800 028 2878**  
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**textphone service 0845 606 7245**
- lost property 08712 222299\***  
e-mail: [nxea.lostproperty@nationalexpress.com](mailto:nxea.lostproperty@nationalexpress.com)  
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- For real time train running information call 020 7247 5488**
- For out how your train is running before you leave home or work, sign up to Journeycheck Alerts:**  
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- If you believe a fellow customer is deliberately avoiding payment of their fare you can text the details to **60006**. Please start your message with the word **dodger**.  
All information will be treated in the strictest confidence.

# National Rail Enquiries

- Website:** [www.nationalrail.co.uk](http://www.nationalrail.co.uk)
- Contact Centre:**  
**08457 48 49 50**  
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- Train Tracker™:**  
**0871 200 49 50**  
*For up-to-the-minute journey planning, with fare and ticket availability for today and beyond. Calls cost 10p a minute from a BT fixed phone. Charges from other operators may vary.*
- Train Tracker™ Text – text station name to:**  
**8 49 50**  
*For live departures and arrival times direct to your mobile. TrainTracker™ texts cost 25p for each successful response (plus usual text costs).*
- Textphone:**  
**0845 60 50 600**

# Timetable Key

- a** Arrival time
  - d** Departure time
  - ⊕** Interchange with London Underground
  - HE** Continues to Hertford East
- The timetables are striped to help you read them. There is no meaning to the stripes.

# Chingford to Liverpool Street Mondays to Fridays

<b>Chingford</b> .....d	0510	0525	0540	0555	0610	0625	0642	0657	0712	0727	0742	0754
Highams Park.....d	0514	0529	0544	0559	0614	0629	0646	0701	0716	0731	0746	0758
Wood Street.....d	0517	0532	0547	0602	0617	0633	0650	0705	0720	0735	0750	0802
Walthamstow Central ⊕d	0519	0534	0549	0604	0619	0635	0652	0707	0722	0737	0752	0804
St James Street.....d	0521	0536	0551	0606	0621	0638	0655	0710	0725	0740	0755	0807
Clapton.....d	0524	0539	0554	0609	0624	0641	0658	0713	0728	0743	0758	0810
Hackney Downs.....d	0528	0543	0558	0613	0628	0645	0702	0717	0732	0747	0802	0814
Bethnal Green.....d	0532	0547	0602	0617	0632	0649		0721		0751		0818
<b>London Liverpool St. ⊕</b> .....a	0536	0551	0607	0621	0636	0653	0712	0727	0742	0757	0812	0824

<b>Chingford</b> .....d	0812	0827	0832	0842	0857	0912	0927	0940	0955	1010	1025	1040
Highams Park.....d	0816	0831	0836	0846	0901	0916	0931	0944	0959	1014	1029	1044
Wood Street.....d	0820	0835	0840	0850	0905	0920	0935	0947	1002	1017	1032	1047
Walthamstow Central ⊕d	0822	0837	0842	0852	0907	0922	0937	0949	1004	1019	1034	1049
St James Street.....d	0825	0840		0855	0910	0925	0940	0951	1006	1021	1036	1051
Clapton.....d	0828	0843		0858	0913	0928	0943	0954	1009	1024	1039	1054
Hackney Downs.....d	0832	0847		0902	0917	0932	0947	0958	1013	1028	1043	1058
Bethnal Green.....d		0851			0921		0951	1002	1017	1032	1047	1102
<b>London Liverpool St. ⊕</b> .....a	0842	0857	0900	0912	0927	0942	0957	1007	1021	1036	1051	1106

<b>Chingford</b> .....d	1055	1110	1125	1140	1155		2310	2325				
Highams Park.....d	1059	1114	1129	1144	1159		2314	2329				
Wood Street.....d	1102	1117	1132	1147	1202	and	2317	2332				
Walthamstow Central ⊕d	1104	1119	1134	1149	1204	every	2319	2334				
St James Street.....d	1106	1121	1136	1151	1206	<b>15</b>	2321	2336				
Clapton.....d	1109	1124	1139	1154	1209	mins	2324	2339				
Hackney Downs.....d	1113	1128	1143	1158	1213	until	2328	2343				
Bethnal Green.....d	1117	1132	1147	1202	1217		2332	2347				
<b>London Liverpool St. ⊕</b> .....a	1121	1136	1151	1206	1221		2336	2351				



# Chingford to Liverpool Street Saturdays

<b>Chingford</b> .....d	0510	0525	0540	0555	0610	0625	0640	0655		2310	2325	
Highams Park.....d	0514	0529	0544	0559	0614	0629	0644	0659		2314	2329	
Wood Street.....d	0517	0532	0547	0602	0617	0632	0647	0702	and	2317	2332	
Walthamstow Central ⊕d	0519	0534	0549	0604	0619	0634	0649	0704	every	2319	2334	
St James Street.....d	0521	0536	0551	0606	0621	0636	0651	0706	<b>15</b>	2321	2336	
Clapton.....d	0524	0539	0554	0609	0624	0639	0654	0709	mins	2324	2339	
Hackney Downs.....d	0528	0543	0558	0613	0628	0643	0658	0713	until	2328	2343	
Bethnal Green.....d	0532	0547	0602	0617	0632	0647	0702	0717		2332	2347	
<b>London Liverpool St. ⊕</b> .....a	0536	0551	0606	0621	0636	0651	0706	0721		2336	2351	

# Sundays

<b>Chingford</b> .....d	0640	0655	0710	0725	0740	0755	0810	0825	0840	0855	0910	0925
Highams Park.....d	0644	0659	0714	0729	0744	0759	0814	0829	0844	0859	0914	0929
Wood Street.....d	0647	0702	0717	0732	0747	0802	0817	0832	0847	0902	0917	0932
Walthamstow Central ⊕d	0649	0704	0719	0734	0749	0804	0819	0834	0849	0904	0919	0934
St James Street.....d	0651	0706	0721	0736	0751	0806	0821	0836	0851	0906	0921	0936
Clapton.....d	0654	0709	0724	0739	0754	0809	0824	0839	0854	0909	0924	0939
Hackney Downs.....d	0658	0713	0728	0743	0758	0813	0828	0843	0858	0913	0928	0943
Bethnal Green.....d										0917	0932	0947
<b>London Liverpool St. ⊕</b> .....a	0706	0721	0737	0752	0806	0821	0838	0851	0906	0921	0936	0951

<b>Chingford</b> .....d	0940	0955		1910	1940	2010	2040	2110	2140	2210	2240	2310
Highams Park.....d	0944	0959		1914	1944	2014	2044	2114	2144	2214	2244	2314
Wood Street.....d	0947	1002	and	1917	1947	2017	2047	2117	2147	2217	2247	2317
Walthamstow Central ⊕d	0949	1004	every	1919	1949	2019	2049	2119	2149	2219	2249	2319
St James Street.....d	0951	1006	<b>15</b>	1921	1951	2021	2051	2121	2151	2221	2251	2321
Clapton.....d	0954	1009	mins	1924	1954	2024	2054	2124	2154	2224	2254	2324
Hackney Downs.....d	0958	1013	until	1928	1958	2028	2058	2128	2158	2228	2258	2328
Bethnal Green.....d	1002	1017		1932	2002	2032	2102	2132	2202	2232	2302	2332
<b>London Liverpool St. ⊕</b> .....a	1006	1021		1936	2006	2036	2106	2136	2206	2236	2306	2336



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Chingford  
Highams Park  
Wood Street  
Walthamstow Central  
St. James' Street  
Clapton  
with through services to and from  
Hackney Downs  
Bethnal Green  
Liverpool Street

**national express**  
**East Anglia**  
**Train timetable**



# Liverpool Street to Chingford

## Mondays to Fridays

<b>London Liverpool St.</b>	d	0603	0633	0703	0730	0748	0800	0818	0833	0848	0903	0918	0933							
Bethnal Green	d	0606	0636	0706	0733	0751	0803	0821	0836	0851	0906	0921	0936							
Hackney Downs	d	0610	0640	0710	0737	0755	0807	0825	0840	0855	0910	0925	0940							
Clapton	d	0613	0643	0713	0740	0758	0810	0828	0843	0858	0913	0928	0943							
St James Street	d	0616	0646	0716	0744	0801	0814	0831	0846	0901	0916	0931	0946							
Walthamstow Central	d	0618	0648	0718	0746	0803	0816	0833	0848	0903	0918	0933	0948							
Wood Street	d	0620	0650	0720	0748	0805	0818	0835	0850	0905	0920	0935	0950							
Highams Park	a	0623	0653	0723	0751	0808	0821	0838	0853	0908	0923	0938	0953							
<b>Chingford</b>	a	0629	0659	0729	0756	0814	0826	0844	0859	0915	0930	0944	1000							

<b>London Liverpool St.</b>	d	0948	1003	1018	1033	1048		1603	1618	1633	1648	1703	1718							
Bethnal Green	d	0951	1006	1021	1036	1051		1606		1636		1706								
Hackney Downs	d	0955	1010	1025	1040	1055	and	1610	1625	1640	1655	1710	1725							
Clapton	d	0958	1013	1028	1043	1058	every	1613	1628	1643	1658	1713	1728							
St James Street	d	1001	1016	1031	1046	1101	<b>15</b>	1616	1631	1646	1701	1716	1731							
Walthamstow Central	d	1003	1018	1033	1048	1103	mins	1619	1634	1649	1704	1719	1734							
Wood Street	d	1005	1020	1035	1050	1105	until	1621	1636	1651	1706	1721	1736							
Highams Park	a	1008	1023	1038	1053	1108		1624	1639	1654	1709	1724	1739							
<b>Chingford</b>	a	1014	1029	1044	1059	1114		1631	1646	1701	1716	1731	1746							

<b>London Liverpool St.</b>	d	1733	1748	1803	1818	1833	1848	1903	1918	1933	1948	2003	2018							
Bethnal Green	d	1736		1806		1836		1906		1936	1951	2006	2021							
Hackney Downs	d	1740	1755	1810	1825	1840	1855	1910	1925	1940	1955	2010	2025							
Clapton	d	1743	1758	1813	1828	1843	1858	1913	1928	1943	1958	2013	2028							
St James Street	d	1746	1801	1816	1831	1846	1901	1916	1931	1946	2001	2016	2031							
Walthamstow Central	d	1749	1804	1819	1834	1849	1904	1918	1933	1948	2003	2018	2033							
Wood Street	d	1751	1806	1821	1836	1851	1906	1920	1935	1950	2005	2020	2035							
Highams Park	a	1754	1809	1824	1839	1854	1909	1923	1938	1953	2008	2023	2038							
<b>Chingford</b>	a	1801	1816	1831	1846	1901	1916	1929	1944	1959	2014	2029	2044							

<b>London Liverpool St.</b>	d	2033	2048	2103	2118	2133	2148	2203	2218	2233	2248	2303	2318							
Bethnal Green	d	2036	2051	2106	2121	2136	2151	2206	2221	2236	2251	2306	2321							
Hackney Downs	d	2040	2055	2110	2125	2140	2155	2210	2225	2240	2255	2310	2325							
Clapton	d	2043	2058	2113	2128	2143	2158	2213	2228	2243	2258	2313	2328							
St James Street	d	2046	2101	2116	2131	2146	2201	2216	2231	2246	2301	2316	2331							
Walthamstow Central	d	2048	2103	2118	2133	2148	2203	2218	2233	2248	2303	2318	2333							
Wood Street	d	2050	2105	2120	2135	2150	2205	2220	2235	2250	2305	2320	2335							
Highams Park	a	2053	2108	2123	2138	2153	2208	2223	2238	2253	2308	2323	2338							
<b>Chingford</b>	a	2059	2114	2129	2144	2159	2214	2229	2244	2259	2314	2329	2344							

### HE

<b>London Liverpool St.</b>	d	2333	2340	2348	0003	0018	0033	0048	0103											
Bethnal Green	d			2351	0006	0021	0036													
Hackney Downs	d		2346	2355	0010	0025	0040	0055	0110											
Clapton	d		2349	2358	0013	0028	0043	0058	0113											
St James Street	d			0001	0016	0032	0047	0102	0117											
Walthamstow Central	d	2344		0003	0018	0034	0049	0104	0119											
Wood Street	d			0005	0020	0036	0051	0106	0121											
Highams Park	a			0008	0023	0039	0054	0109	0124											
<b>Chingford</b>	a	2354		0014	0029	0044	0059	0114	0129											

# Liverpool Street to Chingford

## Saturdays

### HE

<b>London Liverpool St.</b>	d	0603	0633	0648	0703	0718	0733	0748				2303	2318	2333	2340					
Bethnal Green	d	0606	0636	0651	0706	0721	0736	0751				2306	2321							
Hackney Downs	d	0610	0640	0655	0710	0725	0740	0755	and			2310	2325							2346
Clapton	d	0613	0643	0658	0713	0728	0743	0758	every			2313	2328							2349
St James Street	d	0616	0646	0701	0716	0731	0746	0801	<b>15</b>			2316	2331							
Walthamstow Central	d	0618	0648	0703	0718	0733	0748	0803	mins			2318	2333	2344						
Wood Street	d	0620	0650	0705	0720	0735	0750	0805	until			2320	2335							
Highams Park	a	0623	0653	0708	0723	0738	0753	0808				2323	2338							
<b>Chingford</b>	a	0629	0659	0714	0729	0744	0759	0814				2329	2344	2356						

<b>London Liverpool St.</b>	d	2348	0003	0018	0033	0103														
Bethnal Green	d	2351	0006	0021	0036															
Hackney Downs	d	2355	0010	0025	0040	0110														
Clapton	d	2358	0013	0028	0043	0113														
St James Street	d	0001	0016	0032	0047	0117														
Walthamstow Central	d	0003	0018	0034	0049	0119														
Wood Street	d	0005	0020	0036	0051	0121														
Highams Park	a	0008	0023	0039	0054	0124														
<b>Chingford</b>	a	0014	0029	0044	0059	0129														

## Sundays

<b>London Liverpool St.</b>	d	0733	0803	0833	0848	0903	0918	0933	0948	1003	1018	1033	1048							
Bethnal Green	d							0921	0936	0951	1006	1021	1036	1051						
Hackney Downs	d	0740	0810	0840	0855	0910	0925	0940	0955	1010	1025	1040	1055							
Clapton	d	0743	0813	0843	0858	0913	0928	0943	0958	1013	1028	1043	1058							
St James Street	d	0746	0816	0846	0901	0916	0931	0946	1001	1016	1031	1046	1101							
Walthamstow Central	d	0748	0818	0848	0903	0918	0933	0948	1003	1018	1033	1048	1103							
Wood Street	d	0750	0820	0850	0905	0920	0935	0950	1005	1020	1035	1050	1105							
Highams Park	a	0753	0823	0853	0908	0923	0938	0953	1008	1023	1038	1053	1108							
<b>Chingford</b>	a	0759	0829	0859	0914	0929	0944	0959	1014	1029	1044	1059	1114							

<b>London Liverpool St.</b>	d	1103	1118	1133	1148		1903	1933	2003	2033	2103	2133	2203							
Bethnal Green	d	1106	1121	1136	1151		1906	1936	2006	2036	2106	2136	2206							
Hackney Downs	d	1110	1125	1140	1155	and	1910	1940	2010	2040	2110	2140	2210							
Clapton	d	1113	1128	1143	1158	every	1913	1943	2013	2043	2113	2143	2213							
St James Street	d	1116	1131	1146	1201	<b>15</b>	1916	1946	2016	2046	2116	2146	2216							
Walthamstow Central	d	1118	1133	1148	1203	mins	1918	1948	2018	2048	2118	2148	2218							
Wood Street	d	1120	1135	1150	1205															